

Go to Saskatoon City Hospital – Emergency Department (between the hours of 9am and 8pm) or the Jim Pattison Children’s Hospital Emergency Department after 8pm if you are experiencing any of the following symptoms:

- Heavy bleeding from the vagina (soaking more than 1 pad/hour for 2 hours)
- Sudden severe abdominal pain
- Feeling faint or like passing out
- Fever greater than 38°C (100.4°F)

Early Pregnancy Assessment Clinic (EPAC) is open Monday to Friday (not including statutory holidays) 8:00am to 4:00pm

EPAC is located in the Women’s Health Centre at the Saskatoon City Hospital.
Phone (306) 655-7637
Fax (306) 655-7451



Saskatchewan Health Authority

Retained Products of Conception (RPOC)

What are retained products of conception?

- Retained products of conception (RPOC) is pregnancy tissue that is left in the uterus following a pregnancy or miscarriage. RPOC is very common after an early pregnancy loss and is generally not dangerous.

What should I do for RPOC?

- In most cases the retained tissue is passed during your next period, which can occur up to 6 weeks following the interruption of your pregnancy.
- Waiting up to 6 weeks for the tissue to pass has the least health risks and can avoid surgery for most people, which can cause complications such as scarring within the womb (uterus).
- In most cases no further testing is needed for the RPOC if you experience a period within 6 weeks.

What symptoms should I watch out for?

- In rare cases of retained products of conception can cause abnormal bleeding or infections and may need treatment with a surgery.

You should contact the Early Pregnancy Clinic for an appointment if you experience:

- Bleeding that lasts longer than 3 weeks after your pregnancy loss
- Signs of infection including fever, worsening pelvic pain or increases vaginal bleeding
- No menstrual period 6 weeks after your pregnancy loss

You Should go to the emergency department if you experience:

- High fever
- Severe abdominal or pelvic pain
- Heavy vaginal bleeding where you are soaking more than 1 pad per hour for more than 2 hours

****Please note: Our clinic does not accept walk ins. You are seen by appointment only. ****