

Retained Products of Conception (RPOC)

Primary Care Provider Information

This patient has been diagnosed with retained products of conception (RPOC) following a first trimester pregnancy loss. The current recommendation for asymptomatic RPOC is expectant management as 90% resolve by 6 weeks. Current literature suggests that there is no additional benefit with the addition of misoprostol over expectant management for small RPOC as it does not have higher rates of resolution. A D+C is not recommended in this scenario as the benefits do not outweigh the risks. D+C is associated with higher rates of ongoing RPOC and the risk of intra-uterine adhesions or Asherman's.

If your patient has a menses within 6 weeks of their pregnancy loss no further investigations are needed for the RPOC.

This patient was counselled to follow up with the early pregnancy clinic for a repeat beta-hCG and ultrasound if they experience:

- Ongoing vaginal bleeding beyond 3 weeks after the pregnancy loss (on average bleeding lasts up to 2 weeks).
- No menses by 6 weeks following the pregnancy loss.
- Signs of infection including fever, pain, increased vaginal bleeding.

Thank you for involving us in this patient's care.

Early Pregnancy Assessment Clinic
Phone 306-655-7637
Fax 306-655-7451